



Dear Parents & Carers,

Personal, Social, Health & Economic (PSHE) Education – Spring Term 2

We are sending half termly PSHE Newsletters in order to enable you to feel included in your child's learning, and so that you can continue discussions about the core themes at home with them, if you would like to.

As you may know, our school follows the Coram Life Education 'SCARF' PSHE programme, which is a spiral curriculum where children revisit the same six core themes each year:

- **Me and My Relationships**
- **Keeping Myself Safe**
- **Being at My Best**
- **Valuing Difference**
- **Rights and Responsibilities**
- **Growing and Changing**

As your child moves through school, they will build upon their prior knowledge and understanding, as the lessons increase in complexity and depth.

This half term's core theme is: **Rights & Responsibilities**

If you would like to view the home activities linked to this unit, the link below takes you to the correct SCARF webpage:

www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/rights-and-responsibilities

In the **Rights & Responsibilities** topic the children will be thinking about how we look after ourselves, each other and our environment. The children will learn the importance of earning money and how to ensure they are responsible over the money that they have and what they choose to spend it on. All year groups will consider how individuals' actions can make a difference. Older children will be learning about democracy and the importance of having law and our rights and responsibilities in abiding by it.

I am very excited about a special 'Health Week' that will take place Week Commencing Monday 11th March. It will involve lots of fun activities linked to exercise and healthy eating and ties in nicely with our PSHE topic this half term.

If you would like to know more about PSHE at our school, there is additional information on our PSHE webpage at: <https://bit.ly/4dfxc0c>

Many thanks for your support and cooperation,

Miss K. Shackleton